

PL VLB & B 26: Session: 4: Startlist per athlete for TEAM: ZIOS

Coachinfo: Warming up from: 13:20 untill 14:25. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Segers Ellen HEADCOACH

Coaches: Dubois Louis

Coaches: Houtevelt Kyllian

PB => Personal Best time

Athlete: BIESEMANS JANA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE WOMEN 11+	32	4	5	01:19.37	01:21.25	15:27 01:17
50M BREASTSTROKE WOMEN 13+	36	2	8	00:39.34	00:39.95	16:44

Athlete: BOMBAERT LOUIS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M FREESTYLE MEN 13+	29	1	3	02:20.35	02:35.24	14:49

Athlete: BOUDCHICH ILYAS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 13+	35	9	1	00:24.44	00:24.92	16:42

Athlete: DE BACKER BIRGIT

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BUTTERFLY WOMEN 13+	30	3	7	01:08.66	01:09.26	15:12 00:26
100M BACKSTROKE WOMEN 11+	32	10	7	01:07.97	01:11.15	15:38

Athlete: DE BACKER BRENT

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M FREESTYLE MEN 13+	29	2	5	02:12.20	02:25.27	14:52 01:46
50M FREESTYLE MEN 13+	35	5	5	00:26.31	00:27.53	16:38

Athlete: DE PEYPER MATS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M BREASTSTROKE MEN 13+	33	3	1	02:38.37	02:46.35	15:47 00:50
50M FREESTYLE MEN 13+	35	4	1	00:27.28	00:27.12	16:37

Athlete: DEROOST BEAU

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 11+	28	7	1	01:16.54	no time	14:42 01:09
400M MEDLEY WOMEN 13+	34	1	5	05:45.26	06:07.70	15:51

Athlete: DONIN MANON

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 11+	28	10	7	01:08.70	no time	14:48

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00:24

100M BUTTERFLY WOMEN 13+	30	3	1	01:08.06	01:09.51	15:12	01:35
50M BREASTSTROKE WOMEN 13+	36	4	3	00:33.73	00:34.24	16:47	

Athlete: DONIN THIBAUT

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
50M FREESTYLE MEN 13+	35	5	4	00:25.97	00:26.90	16:38	

Athlete: HEREMANS DITTE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
100M BACKSTROKE WOMEN 11+	32	6	2	01:16.31	01:17.94	15:31	

Athlete: LANDRIEU NORA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
100M BUTTERFLY WOMEN 13+	30	2	3	01:11.66	01:32.76	15:11	00:46
400M MEDLEY WOMEN 13+	34	2	1	05:27.34	05:42.65	15:57	

Athlete: PERSOONS EMIEL

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
200M FREESTYLE MEN 13+	29	6	4	02:00.10	02:04.37	15:03	00:44
200M BREASTSTROKE MEN 13+	33	3	6	02:31.06	02:38.35	15:47	00:52
50M FREESTYLE MEN 13+	35	6	3	00:25.96	00:27.22	16:39	

Athlete: TEAM ZIOS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
4x50M MEDLEY MEN 11+	37	3	7			16:58	00:09
4x50M MEDLEY WOMEN 11+	38	3	8			17:07	

Athlete: VEIRMAN LOTTE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
50M BREASTSTROKE WOMEN 13+	36	1	5	00:39.97	00:41.50	16:43	

Athlete: VERROKEN GERBEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
200M FREESTYLE MEN 13+	29	6	3	01:59.30	02:02.49	15:03	00:44
200M BREASTSTROKE MEN 13+	33	3	5	02:29.33	02:36.33	15:47	

Athlete: VERROKEN MIRTE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
100M MEDLEY WOMEN 11+	28	10	1	01:06.96	no time	14:48	00:47
100M BACKSTROKE WOMEN 11+	32	8	5	01:07.95	01:11.65	15:35	

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Athlete: VOLCKAERT MATTHIAS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 13+	35	8	5	00:24.81	00:25.55	16:41

Athlete: VOLCKAERT THOMAS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M FREESTYLE MEN 13+	29	5	8	02:05.83	02:09.34	15:01 01:36
50M FREESTYLE MEN 13+	35	4	4	00:26.84	00:26.94	16:37